

HIKING & PILGRIMAGE

Program:

Dep	Arr	Duration	Details
08:00	09:00	60 min	Depart from Beirut via North to "Seyit El Khait"
09:00	11:30	150 min	Hiking & visiting on way many caves, chapels, and hermitages. Also visit the monastery of St. "Semaan Al Amoudi"
11:30	12:00	30 min	Proceed hiking for a picnic lunch
12:00	13:00	60 min	Lunch in a Natural Reserve
13:00	15:00	120 min	Proceed hiking to return to bus
15:00	15:30	30 min	Drive back to a near bakery
15:30	16:00	30 min	Break for coffee & water supply
16:00	17:00	60 min	Drive back to Beirut
	17:00		Arrival to Beirut

Duration of excursion: 9 hours

Practical information:

- Bring walking or tennis shoes comfortable for hiking
- Bring hat, sunglasses, sunscreen & small towel
- Camera for unforgettable photo shooting

Description of the site:

Discover an amazing hidden location, which has an immense importance in history of Christianity and Maronite in particular, "Saint Semaan Al Amoudi", located in Se'yit Al khait, Byblos Caza, 36 Km away from Beirut on an altitude of 400 m above sea level.

The place has the same importance as Wadi Qadisha "The Holy valley"!

Our Hiking trip is about 2h and a half, during which you will be discovering hidden caves, chapels, hermitages cut from rock, where monks used to live in, and where some of their remaining and ancient religious photo icons still remain. We will be visiting 4 of the 7 important caves that are accessible.

It is an advanced hike requiring some endurance, but worth doing!



Our second stop will be for a picnic lunch in the beautiful forest of “Bentael” Natural Reserve, 700 m above sea level, the first protected area which was developed by a non-government organization in 1981. The land in Bentael is a public land reserved for the protection of plants and animals typical of the habitat at 300m up to 850m elevation.