

PARAGLIDING



View the world from the sky in a tandem flight with experience instructors

Location: Cedars, Mezyara & other locations
Time from Beirut: 150 min. to the Cedars / 90 min. to Mezraya
Level: Easy to moderate

Average time of the practiced activities:
10 to 30 min. depending on the conditions.
Flights are very smooth & safe

Lunch:

- Cedars flights: Lunch will be served at Ouyoun Ergoush (natural lake) in the middle of deserted mountains where participants will taste the famous fish of the lake.
- Mezyara flights: Late lunch will be served at Batroun in a restaurant facing the sea while watching windsurfers in action.