

ADVENTURE ITINERARY
LEBANON IN 9 NIGHTS / 10 DAYS

Day 1: Greet at Beirut int'l airport and transfer to hotel.

Day 2: Morning visit of **Sidon** then continue to discover **Tyre**. Afternoon, return to Beiteddine for hotel stay.



Day 3: Morning trek at **Shouf & Maasser Cedar Reserve** before the visit of **Beiteddine Palace** and **Deir el Qamar**. Overnight in hotel in Beiteddine.



Day 4: Transfer down to the Bekaa Valley to visit **Anjar & Wine tasting at Ksara** before heading to hotel in Zahle. **Biking tour of Zahleh**. **Hotel accommodation**.



Day 5: Morning visit of **Baalbeck Temples**, then transfer to “**Afqa La Reserve**” via Ouyoun es Simane road. **Afternoon rappelling** at the reserve before heading Mzaar hotel.



Day 6: Transfer down to **Nahr Ibrahim** for a **moderate trek to Ibri** . Continue to **Byblos (Jbeil)** for a visit or just relax by the sea side (optional **2H fishing trip** in the Mediterranean Sea). Day ends at Tripoli hotel.



Day 7: Morning visit of **Tripoli** and continue to the Cedars via Zgharta & Ehden. Short walk in the **Cedars reserve** then head down to **trek** in the **Qadisha Valley**. Transfer to Tripoli by late afternoon. Overnight in Tripoli.



Day 8: Transfer down the Mediterranean Coast to **Jeita Grotto** and visit. Continue to Beirut and visit of the National Museum. Hotel accommodation in Beirut.



Day 9: Morning **City tour of the capital on Bikes**. **Free afternoon**. Hotel accommodation.



Day 10: Transfer to airport for the return flight.

Highlights:

- Trekking in the most beautiful valleys & Natural Reserves of Lebanon.
- Discovering cities on bikes.
- Strong Cultural overview

Technically:

- **Ibri :** Trek alt. 850m ---400m --- end at 500m – Distance: 08 km.
- **Qadisha Valley:** Trek alt. start 950m ----- end 700m. – Distance: 09 km.
- **Shouf Cedar Reserve:** Trek alt. 1600 m -----1900m ----- 1600m – Timing: 3h.
- **Zahle Biking:** Starting from Hotel in Zahle
- **Rappelling:** In Afqa at La Reserve
- **Fishing trip:** 2H optional, includes all necessary equipment.