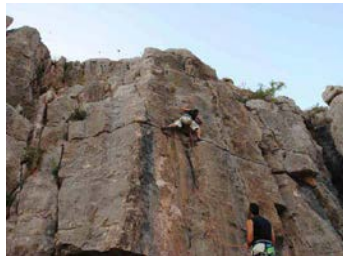


**QADISHA CULTURAL & ADVENTURE
EXCURSION
HIKING – CLIMBING & RAPPELLING - CAVING – 4X4**



Classified as World Heritage Site by UNESCO, the holy Valley of Qadisha is home to ancient religious rock-cut sites & also known as valley of the Saints, hosts fortresses built into rocks, which blend & integrate perfectly into the mask of the mountain.

Altitude: 900 to 1200 m

Location: North Lebanon, Bcharreh region, near the Cedars mountains.

Time from Beirut: 120 min.

Track: Valley

Level: Moderate

Average time of the practiced activities:

Hiking: 1 hour down hill

Climbing & Rappelling: 10 min. per person (beginners level)

Caving: 20 min. for a group of 10 participants (easy level)

4 x 4: 20 min.

Point of Attraction: Historical & cultural site, wild valley with high cliffs, access to rock cut monasteries, mural painting from the 13th century & meeting with local inhabitants.

Lunch: Typical Lebanese cuisine prepared by the inhabitants down the valley